

Rose City 250

The Rose City 250 is one of the premier annual charity benefit runs each Spring, and a great way to start training your seat calashes for the longer rides and trips (like the Grand Tour) when summer arrives.

The 250 actually raises money for 2 different organizations: the Providence Brain Institute, and the Vernonia Food Bank. Since the event started the 250 has raised over \$50,000 for KAO. **Our first year with the new charity "Providence Brain Institute" we raised over \$5,500. The Providence Brain Institute brings together the excellent services Providence provides for treatment of stroke, multiple sclerosis, epilepsy, Parkinson's disease, Alzheimer's disease, ALS and all neurosurgical conditions. The goal of Providence Brain Institute is to ensure that patients living with neurological disorders can benefit from the best that medical science has to offer as we explore medicine's next great frontier - the brain.**

Rose City Motorcycle Club (RCMC) events have also been annually assisting the "Vernonia Cares" food bank since the great flood of 1996, and over the past 14 years have contributed more than 11 tons of food in response to an ongoing need. And this extra fund raising effort also creates an opportunity for you to win a new helmet. Sweet! ☺

The beauty of a 250 mile event is that it is a distance that anyone should be able to do comfortably in about 6 hours, and if you were the last person to depart at 8:30 AM, you could dawdle for 7 ½ hours, take a long lunch break, and still make it back before cut-off at 4 PM. Having said that, we still recommend that you leave early. It just takes the time pressure off your gas and food stops.

This event annually draws easily hundreds of friends on bikes of every description. Fueled by free coffee, tea and pastries (donations gladly accepted for the Vernonia Food Bank) the diverse crowd - cruisers, sport bikes, dual sports, fully dressed tourers - will head out for approximately 250 miles of winding Northwest roads. The season is in full swing again and riders gather in kaleidoscopes of black leather, bright Cordura, denim and all manner of riding attire.



As a safety precaution all participants are urged to strictly obey all State and Local traffic laws. The Rose city 250 is not a race, and there is no time or mileage tracking, or awards based on computer averaging.

The Oregon weather can change in a minute, so dress warmly and keep dry, and our best suggestion for enjoying the day - ride in groups of two to four motorcycles. A large group will slow you down at gas stops, rest stops and checkpoints. The Cut-off time is 4:00 p.m. and awards will be presented at 4:30 p.m. In case of a tie the earliest entry wins. Unclaimed awards will not be forwarded.

